

SR 4 Course of Fire – 26 November 2017

Rounds Count Required – 52 (allow for two optional sighting shots)

Sighting Shots 2 sighting shots from the prone position Figure 11 individually marked (more if required)

Practice 1 - 200 - Yards Double Snaps Barricade

Figure 11 Target 5 x 6 second exposures

Start at Standing Alert position

Load no more than 5 Rounds on command

Exposure 1 – 2 Shots in the Standing Position

Exposure 2 – 2 Shots in the Kneeling Position

Exposure 3 – 2 Shots in the Sitting Position

Exposure 4 – 2 Shots in the Prone Position

Exposure 5 – 2 Shots in the Standing Position

Shooters may reload at any time after the first exposure

Practice 2 – 200 yard Double Snaps

Figure 12 Target 5 x 6 second exposures

Adopt prone position as directed by the RCO

On command Load up to 10 rounds

5 x 6 second exposure two shots per exposure

Practice 3 – 200 yards firing from Cover

Fig.11 Target one exposure of 10 seconds and 3 exposures of 8 seconds

Competitors will start standing alert and load up to 10 rounds on the command of the range officer.

On the appearance of the targets competitors are to adopt the standing supported position round the right hand side of the barricade, make ready and fire 2 shots at the Fig.11.

The targets will make a further 3 exposures of 8 seconds at irregular intervals of between 5 and 10 seconds away.

Practice 4 – 100 yards sitting slow fire

Figure 12 Target 1 x 90 second exposure

Adopt the Sitting position

On command load 5 rounds

On appearance of the target engage with 5 rounds

Reload

Engage with the remaining 5 rounds

Practice 5 - 100 yards - Mad Minute

Figure 12 Target

Start Standing, rifle on firing point and ammunition (10 rounds) nearby.

On appearance of target adopt a prone position and load up to 10 rounds. Engage Target

1 x 60 second exposure of Fig 12 target.

Note

Movement during a course of fire should be undertaken with the bolt open or closed on a spent round in the case of modern manual service rifles (AR15 / SLR / AK / M14) etc.