

SR 2 Course of Fire – 2 April 2023

Rounds Count Required – 52 (allow for two optional sighting shots)

Sighting Shots

2 sighting shots from the prone position Figure 11 individually marked

Practice 1 – 200 yards Standing Kneeling & Prone

Position	Standing, Kneeling & Prone	Target	Fig 11	Time	1x90 second
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Start Standing and load 10 rounds on command. On appearance of the target engage as follows:-

3 rounds Standing Top Loophole

3 rounds Kneeling Middle Loophole

4 rounds Prone bottom Loophole

Practice 2 - 200 yard Close Quarter Snaps

Position	Standing	Target	Fig 11	Time	1 flash 5 exposures of 7 seconds
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Adopt Standing position as directed by the RCO

Magazines Loaded but no round in the chamber.

At the sight of the single flash exposure competitors may chamber a round

There is a 10 second delay after the 1 second exposure before the first 7 second exposure.

Any number of rounds may be fired at each exposure

Practice 3 – 200 yards Standing & Kneeling

Position	Standing / Kneeling	Target	Fig 11	Time	5x6 second
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Load up to 10 rounds & Adopt Standing Alert position

Shoot one shot standing and one shot kneeling per exposure

Only one round to be fired from the standing and one round from the kneeling position at each exposure.

Practice 4 - 100 yards sitting slow fire

Position	Sitting	Target	Fig 12	Time	90 Second
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Start in the Sitting position, On command load 5 rounds

On appearance of the target engage with 5 rounds

Reload

Engage with the remaining 5 rounds

Practice 5 - 100 yards - Mad Minute

Position	Prone	Target	Fig 12	Time	1x60 Second
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Start Standing, rifle on firing point and ammunition (10 rounds) nearby.

On appearance of target adopt a prone position and load up to 10 rounds. Engage Target

Note - Movement during a course of fire should be undertaken with the bolt open or closed on a spent round in the case of modern manual service rifles (AR15 / SLR / M14) etc.